Good Practice Example

Country	Czech Republic

1.	**Title:** Cyber security as a part of digital education
2.	**Type of the practice** Training, lectures, courses (online and offline activities)
3.	**Objectives of the training** - - Acquire and improve the digital skills of people over 55 and alert them to the dangers of using the Internet - - Improve their ability to use technology and help identify potential threats - - Explanation of basic concepts of cyber security (malware, spam, https protocol, etc.)
4.	**Description of the practice:** The series of specialized lectures on the topic of cyber security begins with the definition of terms that participants will encounter during the lectures. The following are specific examples and demonstrations of threats, an explanation of how best to defend yourself. Emphasis is placed on the topics of preventive protection (eg anti-virus protection, use of verified websites, etc.). If there is time and space, concepts related to internet banking, online payments, credit cards and online shopping are also explained. The extended series of lectures also includes topics such as disinformation, fake news, hoax, etc. Methodology - Practical approach to ICT - Active method of learning on examples from everyday practice - Prevention and information as a basis Note: trainnings, courses, lectures take place offline and online
5.	**Target group addressed:** Citizens over 55 years
6.	**Course duration & follow-up activities, if any** Duration – These are usually one-off lectures lasting 1-2 hours (general basis). If the group is at a more advanced level of knowledge there may be about 2-5 specialized lectures

	During the lesson/ course, the <u>tutor provides:</u> - Meeting and workspace - Technical equipment: computers with prezentation, projector, or. sound system - Technical and personal support
7.	**Necessary materials/resources** Power point presentation, samples from everyday practices, on-line live samples
8.	**Impact of the practice** The goal of the program is to strengthen the knowledge of older people in the field of computer security. Further increase their ability and competence to use modern technology as safely as possible. Organization contribution Právě teď! o.p.s. was focused on the use of a support program that helps build digital competencies of seniors. Thanks to the combination of topics and the ability of lecturers to go into detail, this is an innovative approach to educating older people.. 100% cyber security can not be ensured, so prevention in this area is necessary and required.
9.	**Name of the initiator / trainer** Organization: Právě Teď! o.p.s. (Czech Republik) Facilitator: Hana Čepová
C	**Website link:** https://pravetedops.cz/
11.	**Social media links:** https://www.facebook.com/prave.ted.ops/photos/3039843336026903 https://www.linkedin.com/posts/prave-ted-ops_p%C3%A1tek-nebo-sv%C3%A1tek-n%C3%A1%C5%A1-program-pokra%C4%8Duje-activity-6734397851675324417-XygS https://youtu.be/VMpHOSBCtDA